

Words on Crones & Hags



* These words are mainly taken from a range of online sources

Crone ... a cruel or ugly old woman.

Crone ... a disagreeable, malicious or sinister old woman. An ugly old woman.

Crone ... a withered, witchlike old woman.

Crone ... late Middle English via Middle Dutch *croonje*, *caroonje* 'carcass, old ewe'; from Old Northern French *caroigne* 'carrion, cantankerous woman', Old French 'charoigne', based on Latin *caro* 'flesh'.

Crone ... a beldam (from French *belle dame*): 1. archaic an old woman, especially an ugly or malicious one; 2. an obsolete word for grandmother.

Crone ... a post-menopausal woman who isn't valued and should be silent.

Hag ... an ugly, slatternly, or evil-looking old woman; a female demon; an evil or frightening spirit.

Hag ... An unattractive, middle-aged (or slightly older) woman. The term is commonly used to describe hysterical or ugly women in positions of power.

Hag ... An old woman considered to be ugly or frightening. A hagfish. A witch; a sorceress.

The night hag or old hag ... malevolent witch looking creature that is known to sit on the chest or appear at the end of the bed. Commonly associated with the phenomenon called sleep paralysis she is known to paralyze the dreamer by restricting the air from the body.

More Words on Crones & Hags

Crone ... an old woman with magical powers

Crone ... A woman who is venerated for experience, judgment, and wisdom. (Wicca). One of the triune goddesses of the Lady in Wicca alongside the Mother and Maiden

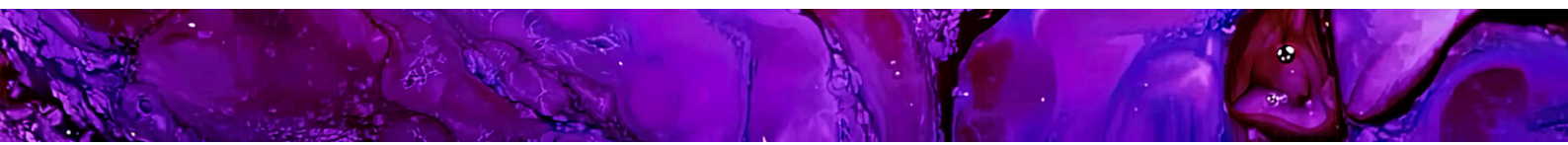
Crone ... a symbol of inherent wisdom that comes from experience.

Crone ... comes from crown, indicating wisdom emanating from the head; **hag** comes from hagio meaning holy; and **witch** comes from wit meaning wise. Crones, hags, and witches frequently were leaders, midwives and healers in their communities.



Crone ... an archetype that embodies instinctive ways of channeling wisdom, inner knowing, and intuition, guiding us through the transition of life, and going inward to bring forth the light for transformation.

The Crone or Hag stands for divine feminine knowledge, deep and ancient wisdom, facing our pain, feeling the sharp edges of our lives, trials and tribulations, spirituality and faith.

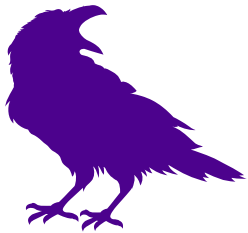


And More Words on Crones & Hags

The Hag is an archetype of the **Crone**. **The Crone** is the embodiment of wisdom and death. Dreaming about the hag represents a powerful message that the universal energy is trying to communicate to you.

Crone ... the embodiment of wisdom; she represented the power of the ancient tribal matriarch who made the moral and legal decisions for her subjects and descendants. (Barbara G. Walker)

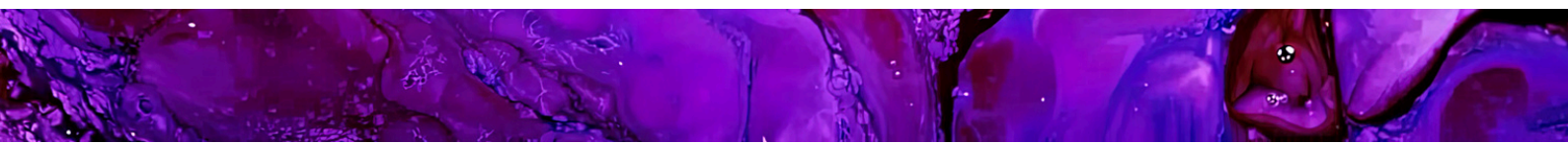
Crone ... the most dangerous, the most radical, the most revolutionary woman in existence (Clarissa Pinkola Estés)



Elder Woman ... she is the elder, the wisdom keeper and the teacher and the one who shares all of this experience that she has had from being the student, the mother, the sage, and now the elder. (Rosita Arvigo)

A Hag is a wizened old woman, or a kind of fairy or goddess having the appearance of such a woman, often found in folklore. **Hags** may be one of the chosen forms of shapeshifting deities who are seen as neither wholly benevolent nor malevolent.

Hag ... from haegtesse, found in the 10th century Old-English 'Metrical Charms', invokes a fierce, supernatural female. She knows about the ways the world can appear and the hidden forces that pulse below the everyday surface. (Carolyn Larrington)



Who or what is a Crone, Hag or Elder Wise Woman of Power?

Here are some questions to reflect on, dance with and make notes about your answers.

- 1. Which of these identities (Crone, Hag, Elder Wise Woman) do you resonate with most? What is it about that particular identity that speaks to you?
(If you prefer something else, write about that).*
- 2. Which - if any - of the identities do you not like, and why?*
- 3. How do you think eldering women are seen in today's society (your society or worldwide)?*
- 4. What has been your experience of eldering? What are the differences that you've noticed in your life as you eldered in comparison to when you were younger?*
- 5. Do you feel that you have Wisdom? Why is that?*
- 6. How would you recognise a Crone, Hag or Elder Wise Woman?*
- 7. What are the most important issues for you personally as you journey on in this period of your life?*

